EANM‘26

Attending the EANM 2026 was a valuable opportunity to consolidate my knowledge during the final year of my Nuclear Medicine residency. The high scientific and educational standard of the congress, together with the breadth of its programme, helped me review established principles and explore recent advances relevant to daily clinical practice.

The educational content reinforced my approach to assessing clinical indications, interpreting imaging findings and producing clinically useful reports both in conventional NM and PET. Radiation protection was particularly relevant, strengthening my understanding of justification, protocol optimization in newer more-efficient equipment and dosimetry, with an emphasis on maintaining diagnostic quality while limiting unnecessary exposure for patients and staff.

Given my clinical and research interests, the congress was especially useful for consolidating my knowledge of nuclear cardiology and cardiac amyloidosis. Developments in quantitative imaging, AI powered segmentation and radionuclide therapies also broadened my perspective on the specialty and encouraged a critical approach to their integration into routine practice.

EANM 2026 supported my preparation for the transition from resident to specialist. I returned with knowledge and perspectives to share within my department, greater confidence in my clinical approach and renewed motivation to continue developing a safe and evidence-based practice.

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